

Caramel Apple Snack Mix



An amazing treat that's way too good to share with the kids!

Makes 10 cups

2 1/2c pretzel sticks, broken

1/2c sunflower seeds

2 1/2c Rice Chex

1 ~ 14oz package caramels

2c Apple Jacks

1/4c water

Preheat oven to 250.

In large bowl, combine pretzels, both cereals and sunflower seeds. Spray cookie sheet with nonstick cooking spray.

Place caramels in water in small saucepan. Cook over low heat, stirring frequently, until smooth.

Pour caramel mixture over cereal mixture and stir until well coated. Spread onto cookie sheet and bake 40 minutes, stirring every 10 minutes.

Remove from oven. Allow to cool and break into pieces.

Prepare Ahead Tip

Keeps indefinitely in airtight container.

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