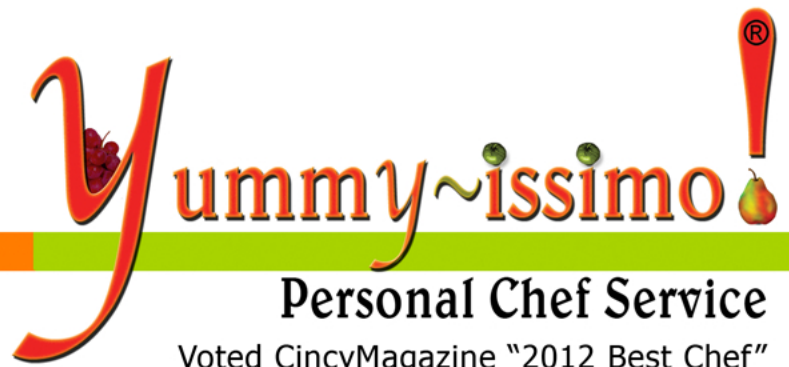


Avocado Salad w/ Fruit & Shrimp



Personal Chef Service

Voted CincyMagazine "2012 Best Chef"

Voted "2011 Personal Chef of the Year"

Voted CityBeat "2011 & 2012 Best Caterer"

Serves 4

12 jumbo shrimp, cooked

2 ripe avocados, peeled, diced

4 black plums, diced

1c Greek feta cheese, crumbled

2 mango, peeled, diced

1/2c sunflower seeds, unsalted

1c blackberries

salt and pepper, to taste

1c raspberries

1/4c balsamic vinegar ~ at least 10 years
old if possible

Roughly chop cooked shrimp and mix with fruit, diced avocado, feta cheese and sunflower seeds. Place on plate and drizzle with good balsamic vinegar.

Listen for my weekly recipes, Fridays at 7:45 a.m. on WGRR presented by

Debbie Spangler ~ Certified Personal Chef

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